

**EXERCISING OF ONE-TIME OPTION / UNDERTAKING FOR GRANT OF FIXED  
MEDICAL ALLOWANCES OR OTHERWISE TO CENTRAL GOVT. PENSIONERS**

In accordance with the O.M. NO.45/57/97-P & P.W.G dated 19.12.1997 and O.M.No.45/57/97-P & P.W dated 24.08.1996 of Govt. of India, Ministry of P.P.G & P (Department of P & P.W) received with Hd.Qr.Letter No.382-Audit (Rules)-12-97/111-98(95) dated 15.10.1998.

I hereby exercised one time option.

- (a) for payment of fixed Medical allowance as my residence is not covered under CGHS area.
- (b) to avail of Medical facilities under CGHS or other similar health scheme although my residence is not covered under CGHS area.
- (c) to avail of Medical facilities under CGHS or other similar Health scheme as my residence is covered under CGHS area.

Signature of the Retired Govt. Servant with date

Full name:-

P.P.O No.:-

Residential Address:-